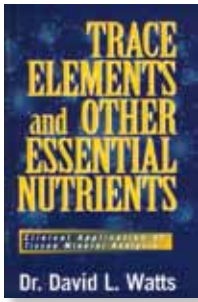


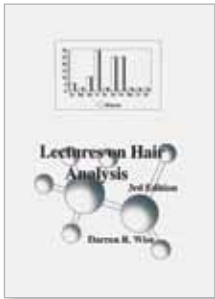
## Books



### Trace Elements and Other Essential Nutrients: Clinical Application of Tissue Mineral Analysis.

**Dr David L. Watts DC PHD CCN FACEP**

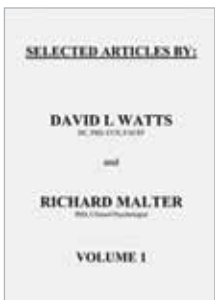
Dr Watts has been involved in clinical nutrition for 30 years. Over the past 25 years his research has focused on the study of tissue mineral patterns found in human hair. Having reviewed over 2,000,000 tissue mineral profiles, he has identified inter-relationships between minerals, vitamins and the neuroendocrine system. His research encompasses the impacts of specific nutrient mineral imbalances and toxic minerals, and has led to the development and recognition of individual tissue mineral patterns associated with various disease trends and metabolic types. It provides readers with an insight into hair mineral analysis, nutritional relationships, nutritional-endocrine relationships and metabolic individuality, and a deeper understanding into the major nutrient and toxic minerals found in the body. Dr Watt's book is an invaluable advanced reference book for those studying and practicing nutritional therapeutics.



### Lectures on Hair Analysis.

**By Darren R Wise**

Darren is a practicing naturopath who has been researching nutrition for over 15 years. In recent years he has worked closely with Dr David Watts and he lectured and run workshops on hair tissue mineral analysis (HTMA) in Australia. This binder book provides a progressive series of lectures on subjects such as chemistry, nutritional deficiencies, essential mineral relationships, toxic minerals and interpreting HTMA. It includes practical case studies that aid interpretation of HTMA reports. This is an ideal resource for practitioners who want an accessible and scientific account of HTMA and its application and use in clinical practice.



### Selected Articles – Vol 1.

**By David L. Watts and Richard Malter Dr David L. Watts DC PHD CCN FACEP and Dr Richard Malter PHD Clinical Psychologist**

This binder book is a compilation of articles written by David Watts and Richard Malter. Article titles: Implications of lead toxicity Hypercalcemia (two cases). Zinc/Copper ratios and brain function - special implications for education and special education; Hypoglycemia type I and type II. Metabolic manifestation of disease (sympathetic – parasympathetic). Utilization of HTMA for metabolic typing. Weight control through metabolic control. Osteoporosis: contraindications of vitamin D and calcium. Calcium supplementation. Sodium - decrease or increase your intake. Magnesium. Cholesterol, fat and protein. Multiple Sclerosis. Mineral imbalance, Endocrine and HTMA. The immune system and hair tissue mineral patterns.



### Selected Articles – Vol 2.

**By David L. Watts and Richard Malter Dr David L. Watts DC PHD CCN FACEP and Dr Richard Malter PHD Clinical Psychologist**

This binder book is a compilation of articles written by David Watts and Richard Malter. Article titles: Determining osteoporotic tendencies from tissue mineral analysis of human hair type I and type II. Hair tissue mineral patterns in children with idiopathic scoliosis. Literature review and commentary. Clinical nutrition. Trace Elements and glucose disorders. Clinical reliability of Hair mineral analysis and interpretation - a psycho-physiological viewpoint. Hair trace elements and hypothyroidism. Specimen preparation in the laboratory. Autoimmune disease in women. Are nutritional supplements really necessary for better health? Practical clinical applications of HTMA. Fibromyalgia - a metabolic profile. Nutrition and aging. HTMA - useful as a metabolic indicator. Metabolic syndrome X - as defined through Hair tissue mineral analysis (HTMA) patterns; Vitamin D; Nutrition and the neuro-endocrine web.

## DVDs



**Set of 4 DVDs**

### Seminar Series and Workshops 2005

#### Introduction to Hair Tissue Mineral Analysis (HTMA) and Exploring the Mind/Body Connection. Presented by Dr David Watts

This set of 4 DVD's presented by Dr David Watts from Trace Element Inc. is an invaluable tool for practitioners to gain a deeper understanding of how to interpret HTMA reports.

- Disc 1** Covers the basics of HTMA, history, applications, testing procedures, metabolic typing and sympathetic and parasympathetic dominance.
- Disc 2** Covers heavy metals and their metabolic effects. Case studies are presented to further the viewers understanding.
- Disc 3** Covers immune responses with case studies presenting scleroderma, fibromyalgia and diabetes.
- Disc 4** Explores the Mind/Body Connection and shows how emotions and stress can alter body chemistry thereby affecting both physical and mental health.

# DVDs



Double DVD set and Lecture Notes

## Seminar Series 2006

### Disc 1 Whole Dried *Dunaliella salina*, Clinical Applications and General Health Care. "The new treasure in natural medicine".

**Presented by Professor Marc Cohen** Professor of Complementary Medicine RMIT University  
Covers issues on the current health system. Coronary Artery Disease. Food as Medicine. Functional Foods. Organic Foods. Super Foods. What are Carotenoids? Carotenoids in Human Health. Human studies and carotenoids. Natural v Synthetic Beta Carotene. *Dunaliella salina*. Super food comparisons. Algotene- multi-nutrient natural medicine super food.

### Disc 2 Toxic Elements – Advanced Mineral and Co-Nutrient Therapy.

**Presented by Mr Zac Bobrov** Technical Director InterClinical Laboratories  
Covers issues on Toxic heavy metals. Testing for the heavy metal burden. Pre chelation assessment. Mineral antagonists. Vitamin antagonists. Vitamin-mineral antagonists. Hormonal antagonists. Mineral synergists. Vitamin-mineral synergists. Copper. Molybdenum. Tocopherols. Flavonoids. Chelation with Carotenoids. Toxic kids-gentle chelation. Detoxing without IV chelation. Uranium. Clinical case studies.

NEW



Set of 3 DVDs and Lecture Notes

## Seminar Series 2009 – Infertility and Developmental Disorders

### Disc 1 Utilising Hair Tissue Mineral Analysis (HTMA) in Clinical Practice.

**Presented by Mr Zac Bobrov**

HTMA in health appraisals. Issues of mineral imbalances, toxicity and deficiencies. Characteristics of minerals and important nutrient relationships. Metabolic Typing using HTMA. Nutrient and toxic mineral ratios and their relationship to the endocrine system.

### Disc 2 The Role of HTMA in 'Unexplained Infertility'.

**Presented by Tracey Yeend**

Utilizing HTMA in treatment protocols for reproductive health problems. Mineral imbalances and endocrine dysfunction. Effects of toxic metals and nutrient deficiencies on fertility and pregnancy outcomes. Nutritional/ environmental medicine in preconception care strategies.

### HTMA Case Studies – Reproductive System.

A review of several clinical profiles with successful outcomes, accredited to the use of HTMA and appropriate treatment applications.

**ICL Services and Product Overview:** InterClinical's reports, laboratory and protocols.

### Disc 3 Children's Health, Developmental Disorders and HTMA.

**Presented by Zac Bobrov**

The disruption toxic metals produce in essential biological functions, and special vulnerability of the foetus and children. Mineral imbalances and toxic minerals in the aetiology of childhood illness and developmental disorders including Autism Spectrum Disorders. Options for heavy metal detoxification.

### Questions and answers.

## Book/DVD Purchase Order

I would like to order the following books or DVDs:	Price	No. copies	Cost
<b>Book:</b> <i>Trace Elements and Other Essential Nutrients - Clinical Applications of Tissue Mineral Analysis</i> Dr David Watts (Hard cover)	\$33.00		
<b>Book:</b> <i>Lectures on Hair Analysis</i> – Darren R Wise	\$27.50		
<b>Book:</b> <i>Selected Articles by David L. Watts and Richard Malter – Vol 1</i> – Dr David Watts and Richard Malter	\$27.50		
<b>Book:</b> <i>Selected Articles by David L. Watts and Richard Malter – Vol 2</i> – Dr David Watts and Richard Malter	\$27.50		
<b>Seminar Series and Workshops 2005 – Set of 4 DVDs:</b> <i>Introduction to Hair Tissue Mineral Analysis and Exploring the Mind/Body Connection</i> – Presented by Dr David Watts	\$33.00		
<b>Seminar Series 2006 - Double DVD Set and Lecture Notes:</b> <i>Dunaliella salina - Clinical Applications Toxic Elements and Detoxification Protocols</i> Presented by Professor Marc Cohen and Zac Bobrov	\$27.50		
<b>Seminar Series 2009 – Set of 3 DVDs and Lecture Notes:</b> <i>Infertility and Developmental Disorders</i> – Presented by Zac Bobrov and Tracey Yeend	\$33.00		
<b>(Please note there is a 10% Discount for orders over \$95)</b> All prices include GST, postage and handling within Australia. All prices quoted are in Australian dollars.		Less discount	
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