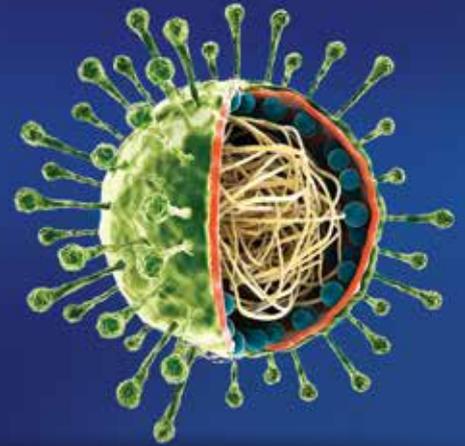


The Relationship Between Exposure to Epstein Barr Virus & Hair Tissue Mineral Analysis

A focus on EBV, the liver and copper.

Gary Moller



MONDAY 12 OCTOBER 2015
7:00PM

About this webinar

Epstein Barr virus (EBV) is a member of the herpes virus family and is one of the most successful viruses, infecting over 90% of the human population.

The presenter (Gary Moller) has found that patients with a recent history of active glandular fever present with a fairly consistent HTMA pattern of high and low nutritional elements that is consistent with EBV inflaming and causing subtle damage of the liver. Furthermore, in patients who report having had glandular fever and are now apparently fully recovered, there appears to be a persistence of the “acute infection” pattern, still present many years after the episode of glandular fever – even decades later in some patients. This persistent pattern may be an indication of there being ongoing harm from EBV, or lasting liver dysfunction of a sub-clinical nature.

From the study of hundreds of HTMA, Gary is gathering compelling evidence of a large post-acute glandular fever sub-group who suffer subtle health problems that may become increasingly serious for the patient as the years pass. These may be the consequence of EBV/glandular fever and other factors, including ageing, coming together to produce the “perfect storm”; but are never associated with the virus which may have first been contracted as long as 40 or more years ago and long dismissed as having run its course.

The presenting symptoms are often subtle in nature and associated with liver dysfunction and consequent copper accumulation in the body. This is often referred to as “copper toxicity syndrome”. Gary suspects that damage to the liver by EBV may be the “root cause” of much chronic ill health.

EBV – The vampire within

While it may be dormant most of the time, Gary refers to EBV as the “vampire within” that is quietly sucking the life force out of its host who is oblivious to what is going on. Health problems that may have a link to EBV include: depression, hypothyroidism, stress fractures, osteoporosis, menorrhagia, infertility, eating disorders, chronic fatigue, stretch marks, varicose veins, tendinitis and various ailments of the digestive tract such as gall bladder disease, IBS and Crohn’s.

Things you will learn during this webinar:

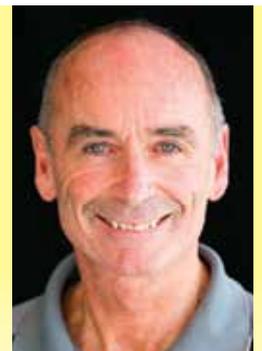
- The relationship between liver function and EBV and how this may impact on health.
- How to recognise the patterns for EBV and glandular fever on the HTMA.
- How to recognise patterns on the HTMA that may indicate that there may be an active, rather than dormant virus.
- How to identify other possible causes of ill health and complicating factors, such as a sub-clinical bacterial infection.
- How to hunt, suppress and possibly kill the vampire within by employing effective nutritional and lifestyle strategies.
- Implications of EBV/glandular fever for exercise and competition, including coping strategies, especially as it relates to young people, such as competitive swimmers.

About the presenter

Gary Moller

DipPhEd, PGDipRehab, PGDipSportMed (Otago)

Like most natural health practitioners today, Gary is a “Health Sleuth”, helping people understand and resolve complex and chronic health issues. His principal “CSI” tool is the InterClinical Laboratories HTMA, which Gary regularly incorporates into his clinical practice.



Gary is deeply engrossed in preparations to enter a doctoral programme in nutrition to research using the HTMA to help uncover EBV’s subtle and lasting consequences for health. The topic of this webinar will be his PhD thesis.

Gary is a healthy veteran athlete. He intends to be the 60+ yrs world mountain bike champion in 2016. A serious injury in January scuppered this year’s plans for world domination. He attributes much of his recent sporting success, including rapid recovery from injury, to the HTMA which has helped to guide and refine his nutrition.