

Special features of Trace Nutrients™

- Unique and original line of supplements at the forefront of nutritional medicine preparations.
- Help to restore and maintain balanced nutrient levels in the body.
- Support detoxification processes and assist in chelating heavy metals.
- Synergistic formulations carefully designed to meet different metabolic needs, and to facilitate maximum absorption and utilisation of nutrients.
- Hypoallergenic, vegan friendly formulations containing only the purest food-grade and nutraceutical ingredients.
- Made in Australia by a 100% Australian owned company, in accordance with GMP compliances and TGA regulatory guidelines.

*This booklet provides general information only about Trace Nutrients products. Ask your doctor or healthcare advisor which Trace Nutrients products will most benefit you.

Always read the labels carefully and use only as directed. If symptoms persist seek advice from a healthcare professional.

A unique plus for therapy

Available from:



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InterClinical Laboratories

Trace Nutrients™

A unique plus for therapy

Hypoallergenic

Synergistic

Nutritional Support Supplements

Recommended by professionals



Introducing Trace Nutrients™

Vitamins and minerals are essential for good health. They are necessary cofactors in the multitude of metabolic reactions performed each day by our bodies. They also play a vital role in preventing and treating infections, allergies and immune disorders, chronic degenerative diseases, psychological disorders and the ageing process.

Trace Nutrients is a unique line of supplements at the forefront of nutritional medicine preparations. The range includes mineral, vitamin and botanical supplements that are formulated to meet specific individual nutritional and metabolic needs.

The Trace Nutrients range includes: special multinutrient metabolic packs; adrenal and thymic support formulae; gastric and pancreatic digestive aids; an extensive range of single mineral supplements such as zinc, iron, copper, manganese and chromium; and a range of essential vitamins.

All Trace Nutrients products are developed by a local and international team of leading researchers and technicians in the fields of complementary and environmental medicine, nutrition and medical herbalism. Our powerful synergistic formulations help to ensure the maximum response to nutrient therapy.

Trace Nutrients products are made in Australia by a 100% Australian owned company, in accordance with GMP compliances and TGA regulatory guidelines. Our products are hypoallergenic and contain only the purest vegan friendly food-grade and nutraceutical ingredients. They are available through Australian and New Zealand healthcare professionals.

We take great pride in introducing you to this exceptional range of nutritional supplements.

Multinutrient Metabolic Packs

Trace Nutrients unique multinutrient metabolic packs are formulated specially to meet different metabolic needs. They are designed for use as the foundation of patient therapy protocols and for daily nutritional support.

Metabolic typing and therapy

People can be classified into two main metabolic types: fast (sympathetic dominant) and slow (parasympathetic dominant). Fast metabolisers use up large amounts of energy and nutrients in their metabolic processes, whereas slow metabolisers tend to conserve energy and nutrients.

Trace Nutrients formulations are carefully designed to meet these very different metabolic needs.

Metabolic rebalancing normally requires therapy with either stimulating (Para-Pack V) or calming (Sym-Pack V) nutritional support.

A unique plus for therapy



Para-Pack V

multinutrient for stimulating support

Para-Pack V is a multinutrient supplement for slow metabolisers, providing catabolic support. It contains a synergistic blend of essential minerals, vitamins, botanical extracts and other nutrients that stimulate and rebalance metabolic activity.

INDICATIONS:* Para-Pack V is an original multinutrient formulation designed to provide a synergistic balance of essential and stimulatory nutrients. Assists in increasing metabolic activity. Supports cellular oxidation and energy production. Aids in detoxification and immune response.

EACH TABLET CONTAINS:

Betacarotene (natural) from *Dunaliella salina* 3.6mg
Vitamin B1 (Thiamine nitrate) 2mg
Vitamin B3 (Nicotinamide) 20mg
Vitamin B5 (Calcium pantothenate) 10mg
Vitamin B6 (Pyridoxine hydrochloride) 2mg
Vitamin B9 (Folic acid) 99mcg
Vitamin C (Ascorbic acid) 60mg
Vitamin E (natural d-alpha-tocopheryl acid succinate) 49.59mg (60IU)
Vitamin H (Biotin) 100mcg
Potassium (sulfate) 45mg
Zinc (amino acid chelate) 4.8mg
Iron (as Ferrous fumarate) 2mg
Manganese (amino acid chelate) 1mg
Iodine (as Potassium iodide) 100mcg
Selenium (as Selenomethionine) 8.5mcg
Citrus bioflavonoid extract 50mg
Inositol 75mg
Lecithin 100mg
Zingiber officinale (Ginger) dry root and rhizome 250mg
Allium sativum (Garlic) fresh bulb 100mg
Phytolacca decandra (Poke Root) dry root 300mcg
In a base of barley leaf

DOSAGE: Adults 1 tablet 3 times per day or as directed by a healthcare professional.

PACK SIZE: 90 tablets

Sym-Pack V

multinutrient for calming support

Sym-Pack V is a multinutrient supplement for fast metabolisers, providing anabolic support. It contains a synergistic blend of essential minerals, vitamins, botanical extracts and other nutrients that calm and rebalance metabolic activity.

INDICATIONS:* Sym-Pack V is an original multinutrient formulation designed to provide a synergistic balance of essential and calming/sedative nutrients. Helps sustain energy. Source of antioxidants and free radical scavengers. Supports immunity and detoxification pathways.

EACH TABLET CONTAINS:

Vitamin B2 (Riboflavin) 2mg
Vitamin B5 (Calcium pantothenate) 10mg
Vitamin B6 (Pyridoxine hydrochloride) 2mg
Vitamin B12 (Cyanocobalamin) 6mcg
Vitamin D2 (Ergocalciferol) 2mcg
Vitamin H (Biotin) 100mcg
Calcium (amino acid chelate) 100mg
Magnesium (amino acid chelate) 50mg
Copper (sulfate pentahydrate) 500mcg
Choline (bitartrate) 75mg
Withania somnifera (Winter Cherry) dry root 750mg
Camellia sinensis (Green Tea) dry leaf 100mg
Ulmus rubra (Slippery Elm) dry stem bark powder 50mg
Phytolacca decandra (Poke Root) dry root 300mcg
In base of broccoli powder

DOSAGE: Adults 1 tablet 3 times per day or as directed by a healthcare professional.

PACK SIZE: 90 tablets

In some health maintenance programs, stimulating (catabolic) support with Para-Pack V may be given during the day and calming (anabolic) support with Sym-Pack V at night.

Endocrine and Immune Support Packs

The Trace Nutrients range includes two special adrenal and thymic support formulae to complement our multinutrient metabolic packs.

Aden Complex combines botanical extracts with synergistic nutrients that enhance and help support normal adrenal function.

Thimax provides nutrients and botanical extracts that enhance thymus function and boost immunity.

Both are designed for use in conjunction with other Trace Nutrients supplements, such as the multinutrient metabolic packs, digestive aids and individual vitamin and mineral formulae.

A unique plus for therapy



Aden Complex

for adrenal support

INDICATIONS:* Adrenal tonic. May assist and support normal adrenal function. Helps relieve nervous tension, stress and mild anxiety. Promotes stamina and endurance. Assists with cognitive function and mental alertness. Antiinflammatory properties.

EACH TABLET CONTAINS:

Betacarotene (natural) from *Dunaliella salina* 180mcg
Vitamin B2 (Thiamine nitrate) 1mg
Vitamin B5 (Calcium pantothenate) 10.87mg
Vitamin B6 (Pyridoxine hydrochloride) 1mg
Vitamin C (Ascorbic acid) 60mg
Sodium (phosphate) 100mg
Potassium (phosphate) 40mg
Zinc (amino acid chelate) 3mg
Glycyrrhiza glabra (Licorice) powder 1000mg
Panax ginseng (Ginseng) dry root 150mg
Zingiber officinale (Ginger) dry root & rhizome 100mg

DOSAGE: Adults 1 tablet 3 times per day or as directed by a healthcare professional.

PACK SIZE: 90 tablets

Thimax

for immune support

INDICATIONS:* Helps fight upper respiratory complaints and provides relief for symptoms of influenza. May reduce frequency and severity of minor infections. Helps body stamina and endurance.

EACH TABLET CONTAINS:

Betacarotene (natural) from *Dunaliella salina* 5mg
Vitamin B5 (Calcium pantothenate) 10mg
Vitamin B6 (Pyridoxine hydrochloride) 5mg
Vitamin C (Ascorbic acid) 50mg
Vitamin D2 (Ergocalciferol) 1.25mcg (50 IU)
Vitamin E (natural d-alpha tocopheryl acid succinate) 21.1mg (25 IU)
Magnesium (sulfate) 10mg
Copper (gluconate) 1mg
Echinacea purpurea (Echinacea) dry root 500mg
Tabebuia avellanedae (Pau d'arco) inner stem bark 500mg
Phytolacca decandra (Poke Root) dry root 300mcg

DOSAGE: Adults 1 tablet 3 times per day or as directed by a healthcare professional.

PACK SIZE: 90 tablets

Digestive Aids

The Trace Nutrients range includes two digestive support formulae.

HCL Plus contains synergistic nutrients and botanical extracts that normalise gastric digestive secretions and support healthy digestive functions.

Digestive-Zyme contains synergistic nutrients and botanical extracts that normalise pancreatic enzyme production and secretion. It aids in the digestion and absorption of proteins, fats and carbohydrates.

Both are designed to support absorption of other Trace Nutrients supplements, such as the multinutrient metabolic packs, endocrine and immune support formulae and individual vitamin and mineral formulae.

A unique plus for therapy



HCL Plus

for normal gastric activity

INDICATIONS:* Helps stimulate the normal release of gastric acid (HCl). Helps maintain healthy digestive function. For the relief of indigestion.

EACH TABLET CONTAINS:

Vitamin B3 (Nicotinamide) 100mg

Zinc (amino acid chelate) 2mg

Gentiana lutea (Gentian) dry root 200mg

Zingiber officinale (Ginger) dry rhizome 150mg

DOSAGE: Adults 1-2 tablets per day or as directed by a healthcare professional.

PACK SIZE: 90 tablets

Digestive-Zyme

for normal pancreatic activity

INDICATIONS:* Supports healthy pancreatic and digestive function. For the relief of indigestion. Stimulates the flow of digestive enzymes. Helps emulsify dietary lipids and fats. Aids in the digestion and absorption of proteins, fats and carbohydrates.

EACH TABLET CONTAINS:

Zinc (amino acid chelate) 2mg

Glutamine 10mg

Lecithin 100mg

Berberis vulgaris (Barberry) dry root 500mg

Zingiber officinale (Ginger) dry rhizome 100mg

DOSAGE: Adults 1-2 tablets per day or as directed by a healthcare professional.

PACK SIZE: 90 tablets

Minerals

Trace Nutrients includes an extensive range of elemental mineral formulations. Each includes synergistic vitamins, amino acids and other nutrients that aid absorption and cellular uptake of the mineral, as well as enhancing its biological functions.

Our minerals are sourced either from pure, high quality rice-protein amino acid chelates, or from high grade mineral salts.

All our minerals are designed for use in conjunction with other Trace Nutrients supplements, such as the multinutrient metabolic packs, endocrine and immune support formulae, digestive aids and vitamin formulae.

All our mineral claims are elemental.

A unique plus for therapy

Calcium Plus

with synergistic vitamin D

INDICATIONS:* Source of nutritional calcium. May be of assistance in the prevention and treatment of osteoporosis. Supports bone, tooth, nail and connective tissue health. Aids muscle contraction and nerve transmission. Reduces the risk of muscle cramps and spasms, restlessness and insomnia. Encourages healthy digestion and growth. Aids secretion of enzymes and neurotransmitters.

EACH CAPSULE CONTAINS:

Vitamin D2 (ergocalciferol) 1.25 mcg (50IU)

Calcium (amino acid chelate & carbonate) 250mg

DOSEAGE: Adults 1 capsule per day or as directed by a healthcare professional.

PACK SIZE: 90 vegetable capsules.

Magnesium Plus

with synergistic vitamin B6

INDICATIONS:* Source of nutritional magnesium. Relieves muscular aches, pains, cramps and spasms and helps prevent them occurring. Relieves menstrual symptoms.

EACH TABLET CONTAINS:

Vitamin B6 (Pyridoxine hydrochloride) 2mg

Magnesium (amino acid chelate) 100mg

DOSEAGE: Adults 1 tablet per day or as directed by a healthcare professional.

PACK SIZE: 90 tablets



Potassium Plus

with synergistic vitamin B6 and betacarotene

INDICATIONS:* Source of nutritional potassium. Supports energy production, neuromuscular coordination, healthy heart function, protein metabolism, water balance and growth. Helps relieve muscular aches, pains, cramps and spasms.

EACH TABLET CONTAINS:

Betacarotene (natural) from *Dunaliella salina* 180mcg
Vitamin B6 (Pyridoxine hydrochloride) 5mg
Potassium (gluconate) 100mg

DOSAGE: Adults 1 tablet per day or as directed by a healthcare professional.

PACK SIZE: 90 tablets

Iron Plus

with synergistic vitamin C

INDICATIONS:* Source of nutritional iron. Can assist in maintaining normal blood.

EACH TABLET CONTAINS:

Vitamin C (Ascorbic acid) 10mg
Iron (as Ferrous fumarate) 5mg

DOSAGE: Adults 1 tablet per day or as directed by a healthcare professional.

PACK SIZE: 60 tablets

Copper Plus

with synergistic vitamin B2

INDICATIONS:* Source of nutritional copper. Provides temporary relief of arthritic and rheumatic pain.

EACH TABLET CONTAINS:

Vitamin B2 (Riboflavin) 500mcg
Copper (gluconate) 2mg

DOSAGE: Adults 1 tablet per day or as directed by a healthcare professional.

PACK SIZE: 90 tablets

Manganese Plus

with synergistic vitamin B1

INDICATIONS:* Source of nutritional manganese. Temporary relief of the pain of arthritis and rheumatism.

EACH TABLET CONTAINS:

Vitamin B1 (Thiamine nitrate) 1mg
Manganese (amino acid chelate) 12mg

DOSAGE: Adults 1 tablet per day or as directed by a healthcare professional.

PACK SIZE: 90 tablets

Zinc Plus

with synergistic vitamin B6

INDICATIONS:* Source of nutritional zinc. Relief of the symptoms of colds. Relief of muscular aches and pains. Relief of premenstrual symptoms. May assist in the treatment of minor skin disorders.

EACH CAPSULE CONTAINS:

Vitamin B6 (Pyridoxine hydrochloride) 5mg
Zinc (amino acid chelate) 25mg

DOSAGE: Adults 1 capsule per day or as directed by a healthcare professional.

PACK SIZE: 90 vegetable capsules

GT Formula (Chromium)

with synergistic vitamin B3 and amino acids

INDICATIONS:* Source of nutritional chromium. Helps maintain metabolic balance and assist in the metabolism of carbohydrates

EACH TABLET CONTAINS:

Vitamin B3 (Nicotinamide) 5mg
Chromium (chloride) 200mcg
Cysteine hydrochloride 3mg
Glutamine 5mg
Glycine 5mg

DOSAGE: Adults 1 tablet per day or as directed by a healthcare professional.

PACK SIZE: 90 tablets

Molyzinc (Molybdenum)

with synergistic vitamin C and zinc

INDICATIONS:* Source of nutritional molybdenum. Promotes strong tooth enamel and helps prevent cavities. May help reduce copper overload in the body. Aids alcohol detoxification. Aids uric acid production. May help relieve symptoms associated with sulfite sensitivity.

EACH TABLET CONTAINS:

Vitamin C (Sodium ascorbate) 30mg
Zinc (amino acid chelate) 5mg
Molybdenum (trioxide) 100mcg

DOSAGE: Adults 1 tablet per day or as directed by a healthcare professional.

PACK SIZE: 60 tablets

Vitamins

The Trace Nutrients range includes three vitamin formulations: vitamin C with bioflavonoids, natural vitamin E with selenium, and pyridoxine (vitamin B6).

Each formulation includes synergistic nutrients that aid intestinal absorption and cellular uptake of the vitamin, as well as potentiating its functions.

All our vitamins are designed for use in conjunction with other Trace Nutrients supplements, such as the multinutrient metabolic packs, endocrine and immune support formulae, digestive aids and mineral formulae.

A unique plus
for therapy



Vitamin C Plus

with synergistic manganese and bioflavonoids

INDICATIONS:* Source of vitamin C. May help in the treatment of colds by reducing the severity and duration of symptoms.

EACH TABLET CONTAINS:

Vitamin C (Ascorbic acid) 500mg
Manganese (amino acid chelate) 1mg
Bioflavonoids 100mg

DOSAGE: Adults 1 tablet per day or as directed by a healthcare professional.

PACK SIZE: 90 tablets

Vitamin E Plus

with synergistic selenium

INDICATIONS:* Source of natural vitamin E. Helps boost the immune system and helps in the maintenance of peripheral circulation. May assist in the relief of menstrual and pre-menstrual symptoms. A source of antioxidants and free radical scavengers.

EACH CAPSULE CONTAINS:

Vitamin E (natural d-alpha-tocopheryl acetate)
147mg (200 IU)
Selenium (as Selenomethionine) 24mcg

DOSAGE: Adults 1 capsule per day or as directed by a healthcare professional.

PACK SIZE: 60 vegetable capsules

Pyridox Plus

with synergistic vitamin B1 and manganese

INDICATIONS:* Source of vitamin B6. Helps relieve nervous tension, stress and mild anxiety. Assists in the maintenance of peripheral circulation.

EACH TABLET CONTAINS:

Vitamin B1 (Thiamine nitrate) 2mg
Vitamin B6 (Pyridoxine hydrochloride) 50mg
Manganese (amino acid chelate) 1mg

DOSAGE: Adults 1 tablet per day or as directed by a healthcare professional.

PACK SIZE: 90 tablets